



2226 LILIHA STREET SUITE 302  
HONOLULU, HI 96817

## Prepare for the Day of Mohs Surgery

- **You may need someone to drive you home.** This will depend on the location of the surgery and is required if the surgery is performed near the eye or if you receive anti-anxiety medication during the day.
- **Plan to be with us for 4-8 hours.**
- **Bring photo ID and current insurance card**
- **Please fill out the Medical History Questionnaire before your appointment.**
- **You will need to positively identify the biopsy site on which surgery will be performed.** If you are not able to do this please let us know before the procedure.
- **You will be subject to activity restriction after surgery.** We recommend that you do not participate in athletic activities, heavy lifting or swimming for up to 2 weeks following surgery.
- **The day of the procedure eat your normal breakfast** unless instructed to do otherwise.
- **Take all of your normal medications on the day of surgery** unless instructed to do otherwise.
- **Take a shower prior to coming,** as well as wash your hair as this will help decrease surgical site infection. We also advise keeping the surgical site dry for at least 24 hours after the procedure.
- **For patients on blood thinners: Do not stop unless you have explicit instructions from your prescribing physician to do so.** Please follow the guidelines of your prescribing physician in regards to when you should stop and restart these medications if you are told this should be done. For those on Coumadin/Warfarin, please make sure you bring your most recent INR for Dr. Golden to review.
- **For those taking the following please stop 10 days before the procedure:** prophylactic aspirin, ibuprofen containing compounds (Advil, Motrin, Bufferin, Anacin), alcohol, vitamin E, ginko biloba, fish oil, garlic pills. **If you take aspirin for any reason other than “prevention” do not stop without consistent of prescribing physician**
- **Bring a book, laptop or something to pass the time** while you are waiting for Mohs results
- **Get a good nights sleep!**

Please don't hesitate to call us with any questions, 585-8008.